



Mount Calvary Baptist Church Men's Ministry, Health Wellness Ministry, and African American Health Program Present:
Black Men's Health Forum: MIND, BODY, AND SPIRIT

SAVE THE DATE!

**Saturday,
December 6, 2025
9:00 a.m. - 2:00 p.m.**

Mount Calvary Baptist
Church
Leon Grant Family Life
Center

- Kenote Speaker
- Interactive Panel Discussions
Regarding –
 - Physical and Mental Health
 - Spirituality
- Health Screenings, resources, etc.

Lunch will be provided

Rev. Dr. Brian O Bellamy, Senior Pastor
Mt. Calvary Baptist Church 608 North Horners Lane,
Rockville, MD 20850

